THE GALLERY AT GODWIN

3061 Godwin Blvd. • Suffolk, VA 23434 • (757) 530-7933
www.godwinvaapts.com

June 2025

Meet the TEAM

The Gallery at Godwin Team
Property Manager
Kara Joslin
Assistant Property Manager
Ruby Wray
Leasing Consultant
Mariah Castillo
Maintenance Supervisor
James Nock
Porter
Meredith Wall

Local THINGS TO DO

- **06/07/2025** 2nd Annual Family Fun Fest 10:30 AM Manor House Lawn at Windsor Castle Park (Water slides, hot air balloon rides, fishing, horses & livestock, arts & crafts, music, food & more)
- **06/06-06/08** Harbour Fest Town Point Park in Norfolk
- **06/22/2025** Busch Gardens Food & Wine Festival Williamsburg
- **06/28/2025** Saturday Cinema FT Mufasa Fun begins at 6:30, Movie at 8:30 Holland Ballfields

Resident EVENTS

Popsicle Pop in
Back by Popular Demand! Pop by the office every Friday in June from 5PM-6PM and grab a Popsicle!

Office Hours

Sunday	Closed
Monday	10 AM - 6 PM
Tuesday	10 AM - 6 PM
Wednesday	10 AM - 6 PM
Thursday	10 AM - 6 PM
Friday	10 AM - 6 PM
Saturday	11 AM - 4 PM

Reminder

Our second quarter annual inspections for preventative maintenance are scheduled for 6/23-6/27. Notices with more information and how to prepare will be provided in advance.

REFER Your Friends

Invite your friends to live at our community to earn bonuses*!
★ $500 per referral ★
Contact the leasing office for more information!
*subject to change

AFTER-HOURS EMERGENCY PHONE NUMBER: 540-265-8120

TRASH FAIRIES

Trash & Recycling Solutions at your Doorstep

REMINDERS

PREPARATION

- Use 12.5-gallon trash bags.
- Limit of 2 bags of trash per night
- If you have more than one bag, place the second on top of the can, NOT on the floor.
- Please break down all boxes.
- When the bag gets full, TIE IT, and set the can outside your front door on **pickup nights** from **6–8PM.**

COLLECTION

- Trash Fairies start their collection at 8PM.
- Collection days are **Sunday–Thursday.**
- NO collection on Friday or Saturday night
- NO oversized/overweight items, liquid, hazardous waste, or loose trash
- Do NOT put trash bags on the floor.

NEXT MORNING

- Bring your empty can inside by 9AM the next day.

TRASH CHUTE

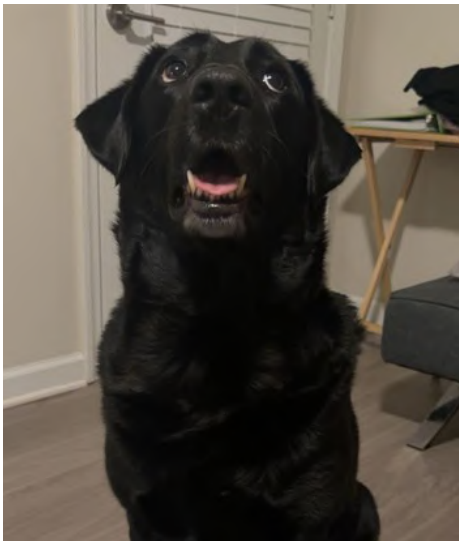
- Ensure that you are placing your bags in the chutes and NOT on the floor in the trash room. You will be charged a $50 removal fee if you leave trash on the floor.
- Do NOT put boxes in the trash chute: break them down and place them outside of the trash room on the 1st floor.

THANK YOU FOR BEING A GOOD NEIGHBOR

Downtown Suffolk Shops, Food, Wine & More!

- Haven & Hull Beer & Wine Sanctuary
- Gourmet Burger Bistro
- Conner's Deli & Catering
- Nansemond Brewing Station
- Darla's Downtown Boutique
- Café Davina
- Flickerstix Candle Co.

Meet our summer intern, Aaron Dadura! A rising senior at Virginia Tech, Aaron is majoring in Real Estate with a focus on residential properties and minoring in Professional Sales. He's eager to gain hands-on experience this summer and is especially excited to work directly with residents and clients each day.



Scan the QR Code Below for Your Chance to Be Featured as the Next Pet of the Month!

Pet of the Month!

Name: Archer
Age: 7 Years
Breed: Labrador Retriever
Favorite Activities: snacking & sleeping

A Burst of Energy

Exercise is an important part of a healthy lifestyle, but finding time in our busy schedules can seem almost impossible. This is why many people are turning to an alternative called exercise snacking. Exercise snacking refers to short bursts of physical activity performed throughout the day, typically lasting anywhere from 30 seconds to a few minutes. Studies show that exercise snacking is an effective way to work in a workout without dedicating long hours in the gym.

Breaking up long periods of sitting with movement can reduce blood sugar levels, improve cardiovascular function and build muscle strength. With several short sessions sprinkled throughout the day, exercise snacking can be a great way to build consistency into your workout routine. Get moving with these tips:

Back of the lot. Forget front-row parking. Choose a spot in the back of the lot and enjoy the stroll inside.

Stairs over elevator. Stop pushing the elevator button and take the stairs a few times a day.

Camera off. Stuck on a video call? Turn your camera off and do some bicep curls with free weights or even soup cans while you participate.

Microwave and move. Instead of watching your food cook for 3 minutes, do some squats, lunges or jumping jacks to get your blood pumping.

Cardiovascular commercial breaks. Forced to watch an ad during your favorite show? Get off the couch and do some chair dips during the break.

- Check In with Pool Monitor
- Photo ID & 2025 Wristband Required for Entry
- Limit 2 Guests Per Household
- Proper Swim Attire Required
- NO Alcohol & NO Glass
- NO Speakers (please use earbuds)
- NO Trespassing

Pool Hours 10AM - 9PM

IMPORTANT REMINDERS

Reservations

- The Club Room, Theater, Outdoor Patio & Grills MUST be reserved for private use. Contact the office for more information.

Grills

- You MUST sign a waiver and check out a key before you may use the grills.

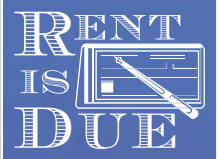
Grease Bags

- Grease bags are in the office: please collect bags in the office for proper disposal. Grease cannot be poured down the chute.

Pets

- Please be a good neighbor and clean up accidents inside & outside. Pet stations can be found around the exterior of the community.

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  	Muffin Monday! 2	3 	4	5	6 Popsicle Pop In 5PM–6PM	7
8	Muffin Monday! 9	10	Pest Control 11	12	13 Popsicle Pop In 5PM–6PM Resident Event: Grillin' & Chillin' 6:30PM–7:30PM	14
15 Happy Father's Day!	Muffin Monday! 16	17	18	Juneteenth 19 Office Closed	20 Popsicle Pop In 5PM–6PM	21
22	Muffin Monday! 23 2nd Quarter Preventative Maintenance Inspections	24 2nd Quarter Preventative Maintenance Inspections	Pest Control 25 2nd Quarter Preventative Maintenance Inspections	26 2nd Quarter Preventative Maintenance Inspections	27 Popsicle Pop In 5PM–6PM 2nd Quarter Preventative Maintenance Inspections	28
29	Muffin Monday! 30 Happy Birthday, Mariah!	 				

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