THE GALLERY AT GODWIN

3061 Godwin Blvd. • Suffolk, VA 23434 • (757) 530-7933
www.godwinvaapts.com

September 2025

Meet the TEAM

The Gallery at Godwin Team
Property Manager
Kara Joslin
Assistant Property Manager
Ruby Wray
Leasing Consultant
Mariah Castillo
Maintenance Supervisor
James Nock
Maintenance Technician
Deshawn Newby
Porter
Meredith Wall

Local THINGS TO DO

- 9/6, 1:00 PM - 9:00 PM, Jimmy Buffett Tribute @ Decoys Seafood
- 9/11- 9/14 - Isle of Wight County Fair, 21311 Courthouse Hwy., Windsor, VA 23487
- 9/13, 11:00 AM - 8:00 PM, 19th Annual Taste of Suffolk, Downtown Street Festival
- 9/13, 10:00 AM - 2:00 PM, Miss Lilly's Trading Post Outdoor Market
- 9/21, 9:30 AM - 12:00, PM Kayak Excursion of Nansemond River at Constant's Wharf
- 9/21, 2:00 PM - Summer Film Series at the Center (Lilo & Stitch) - Suffolk Center for Cultural Arts
- 9/21, 5:00 PM - Saturday Cinema: Sonic the Hedgehog 3 @ Holland Ballfield

Resident EVENTS

NAMASTE BY THE POOL

Join us for a poolside beginner Yoga session hosted by Organic Roots! Mats will be provided, but you are encouraged to bring your own. Space is limited - Please RSVP to the Leasing Office by 9/8

Coming Soon to Suffolk!
Suffolk is excited to welcome First Watch & Chipotle, coming soon to Godwin Blvd., next to Now-Care!

Labor Day Hours!
The office will be open from 8AM-11AM on 9/1/2025.

Office Hours

Sunday	Closed
Monday	10 AM - 6 PM
Tuesday	10 AM - 6 PM
Wednesday	10 AM - 6 PM
Thursday	10 AM - 6 PM
Friday	10 AM - 6 PM
Saturday	11 AM - 4 PM

9/15: 2 Year Anniversary of Gallery at Godwin

REFER Your Friends

Invite your friends to live at our community to earn bonuses*!
★ $500 per referral ★
Contact the leasing office for more information!
*subject to change

AFTER-HOURS EMERGENCY PHONE NUMBER: 540-265-8120

TRASH FAIRIES

Trash & Recycling Solutions at your Doorstep

REMINDERS

PREPARATION

- Use 12.5-gallon trash bags.
- Limit of 2 bags of trash per night
- If you have more than one bag, place the second on top of the can, NOT on the floor.
- Please break down all boxes.
- When the bag gets full, TIE IT, and set the can outside your front door on **pickup nights** from **6–8PM.**

COLLECTION

- Trash Fairies start their collection at 8PM.
- Collection days are **Sunday–Thursday.**
- NO collection on Friday or Saturday night
- NO oversized/overweight items, liquid, hazardous waste, or loose trash
- Do NOT put trash bags on the floor.

NEXT MORNING

- Bring your empty can inside by 9AM the next day.

TRASH CHUTE

- Ensure that you are placing your bags in the chutes and NOT on the floor in the trash room. You will be charged a $50 removal fee if you leave trash on the floor.
- Do NOT put boxes in the trash chute: break them down and place them outside of the trash room on the 1st floor.

THANK YOU FOR BEING A GOOD NEIGHBOR

Self-Care Corner: A Better Brew

Chock-full of antioxidants, coffee can be a healthy beverage, but “too much of a good thing” is a saying for a reason! National Coffee Day arrives on Sept. 29, so use this month to make your regular brew healthier in some way. Crave a sweet beverage? You can use less sugar by adding ground cinnamon, vanilla extract or unsweetened cocoa for a flavor boost. If coffee upsets your stomach—but you love it anyway!—check out a low-acid blend. Struggling with sleep? Avoid drinking coffee after 2 p.m.

Congrats, Meredith!

Thanks for all you do for The Gallery — we appreciate you! And if you see Meredith, please share our congrats and thanks! :)

Pet of the Month!

Name: Kade
Age: 5 Years
Breed: Maltese Terrier Mix
Favorite Activities: Cuddle

Scan the QR Code Below for Your Chance to Be Featured as the Next Pet of the Month!

Easy Apple Tart

Ingredients:

- 1 refrigerated ready-to-use pie crust
- 1 pound Pink Lady apples, cored and sliced
- 2 tablespoons cold butter
- 1/4 cup granulated sugar
- 1 teaspoon cinnamon

Directions:

Remove pie crust from refrigerator and warm to room temperature, about 15 to 20 minutes.

Heat oven to 425° F.

Unroll the crust and place it on a large baking sheet. Arrange sliced apples on the crust, leaving about 2 inches of space around the edge.

Chop cold butter into small pieces and scatter over the apples.

Mix sugar and cinnamon together and sprinkle on top of the butter and apples.

Fold the sides of the open pie crust over the apples—this will not cover them, but contain them inside the crust.

Bake 20 to 25 minutes until crust is golden brown and apples are just soft.

Find more recipes at www.AppleForThat.com.

Pool Rules

- Check In with Pool Monitor
- Limit of 2 guests
- Must have 2025 Pool Band and Photo ID
- Pool hours, 10AM-9PM

Brain Bender: Labor Day Mystery

It won't be hard work to solve this Labor Day puzzle! Unscramble the words related to the holiday below. Then rearrange the letters in bold to fill in the blanks of the secret phrase.

DKEWN**E**E
UOK**O**COT
LEA**R**X
YDON**M**A
RPAEA**D**
W**S**RR**O**EK
L**E**SSA
G _ _ _ B _ _, _ _ _ M _ _!

(Answers: weekend, cookout, relax, Monday, parade, workers, sales. The phrase is "Goodbye, summer!")

Downtown Suffolk Shops, Food, Wine & More!

- Haven & Hull Beer & Winery Sanctuary
- Gourmet Burger Bistro
- Conner's Deli & Catering
- Nansemond Brewing Station
- Darla's Downtown Boutique
- Café Davina
- Harper's Table
- The Mod Olive
- The General Public - Suffolk
- Flickerstix Candle Co.
- Rennee's Restaurant & Lounge

IMPORTANT REMINDERS

Reservations

- The Club Room, Theater, Outdoor Patio & Grills MUST be reserved for private use. Contact the office for more information.

Grills

- You MUST sign a waiver and check out a key before you may use the grills.

Grease Bags

- Grease bags are in the office: please collect bags in the office for proper disposal. Grease cannot be poured down the chute.

Pets

- Please be a good neighbor and clean up accidents inside & outside. Pet stations can be found around the exterior of the community.

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 Office Is Open 8AM-11AM ONLY Rent Is Due Muffin Monday!	2	3 WELLNESS WEDNESDAY!	4	5	6
7	8 Muffin Monday!	9	**Pest Control** 10 WELLNESS WEDNESDAY!	11 PATRIOT DAY	12	13 Poolside Yoga!
14	15 Muffin Monday! Gallery at Godwin 2 Year Anniversary!	16	17 WELLNESS WEDNESDAY!	18	19	20
21	22 Muffin Monday! 3rd Quarter Preventative Maintenance	23 3rd Quarter Preventative Maintenance	**Pest Control** 24 WELLNESS WEDNESDAY! 3rd Quarter Preventative Maintenance	25 3rd Quarter Preventative Maintenance	26 3rd Quarter Preventative Maintenance	27
28	29 Muffin Monday!	30	September			

"This Month In History"

SEPTEMBER

1846: German astronomer Johann Galle first observes the planet Neptune.

1957: The Little Rock Nine face mobs and rioting in their attempts to attend previously segregated Little Rock Central High School. President Eisenhower eventually sends the 101st Army Airborne to escort the children safely to school.

1965: Satchel Paige becomes the oldest player in Major League Baseball history at 59 years old when he pitches three innings against the Boston Red Sox. Paige was the first Negro Leagues veteran to be inducted to the National Baseball Hall of Fame six years later.

1966: The sci-fi TV series "Star Trek" premieres, inviting audiences "to boldly go where no man has gone before."

1972: Bobby Fischer defeats Boris Spassky in "the match of the century" to become the world chess champion. Fischer was only 29 years old.

1984: Joe Kittinger completes the first solo balloon crossing of the Atlantic Ocean. He launched from Maine and crash landed on the Italian coast 86 hours later, breaking his ankle and a record for distance in a solo balloon flight.

1986: "The Oprah Winfrey Show" debuts nationwide, running until May 25, 2011.

1998: Google is founded in Menlo Park, Calif., and receives 10,000 queries in its initial beta phase.

Illustratus
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