THE GALLERY AT GODWIN

3061 Godwin Blvd. • Suffolk, VA 23434 • (757) 530-7933
www.godwinvaapts.com

April 2026

Meet the TEAM

The Gallery at Godwin Team

Property Manager
Kara Joslin

Assistant Property Manager
Ruby Wray

Leasing Consultant
Mariah Castillo

Maintenance Supervisor
Darnell Herbert

Maintenance Technician
Deshawn Newby

Porter
Meredith Wall

Local THINGS TO DO

Get to Know the 757 Through Local Events –

- Sightseeing & Tea Tasting 4/11 1PM Stillwater Tea House
- Movie Night at the Taphouse 4/15 6 PM Oak & Ivy Taphouse
- Southside Ballet: Cinderella 4/18 3 PM Suffolk Center for Cultural Arts
- Suffolk Earth & Arts Festival 4/25 10AM-4PM Downtown Suffolk

Resident EVENTS

- 4/13 Fur Ever Sweet
- 4/14 Donut Forget We Appreciate You
- 4/15 A Toast to the Sweet Life
- 4/16 The Golden Egg Sweet Stakes
- 4/17 Berry Sweet Breakfast Bar

Stay Tuned for More Details!

Office Hours

Sunday	1 PM - 4 PM
Monday	10 AM - 6 PM
Tuesday	10 AM - 6 PM
Wednesday	10 AM - 6 PM
Thursday	10 AM - 6 PM
Friday	10 AM - 6 PM
Saturday	11 AM - 4 PM

Laugh for Health

Go ahead and engage in a funny, friendly prank on April Fools' Day. A good belly laugh has been proven to reduce pain and boost immunity.

Cracking a Joke

Q. What do you call a mischievous egg?

A. A practical yolker.

REFER Your Friends

When your friend moves in, you BOTH get $250 cash!
*subject to change

AFTER-HOURS EMERGENCY PHONE NUMBER: 540-265-8120

TRASH FAIRIES

Trash & Recycling Solutions at your Doorstep

REMINDERS

PREPARATION

- Use 12.5-gallon trash bags.
- Limit of 2 bags of trash per night
- If you have more than one bag, place the second on top of the can, NOT on the floor.
- Please break down all boxes.
- When the bag gets full, TIE IT, and set the can outside your front door on **pickup nights** from **6–8PM.**

COLLECTION

- Trash Fairies start their collection at 8PM.
- Collection days are **Sunday–Thursday.**
- NO collection on Friday or Saturday night
- NO oversized/overweight items, liquid, hazardous waste, or loose trash
- Do NOT put trash bags on the floor.

NEXT MORNING

- Bring your empty can inside by 9AM the next day.

TRASH CHUTE

- Ensure that you are placing your bags in the chutes and NOT on the floor in the trash room. You will be charged a $50 removal fee if you leave trash on the floor.
- Do NOT put boxes in the trash chute: break them down and place them outside of the trash room on the 1st floor.

THANK YOU FOR BEING A GOOD NEIGHBOR

All That Jazz

April is Jazz Appreciation Month. Celebrate with a look at some of the legendary talents who helped make the genre a musical mainstay.

Louis Armstrong. Affectionately called “Satchmo,” Armstrong, like jazz itself, was born in New Orleans and taught himself to play cornet as a boy. He is considered to be the founding father of jazz, pioneering improvised solos and scat singing. The charismatic trumpet virtuoso was so popular, he served as a worldwide ambassador for the new sound.

Charlie Parker. Growing up in Kansas City, Mo.—another cradle of jazz—Parker got his first taste of music while playing in his high school band. Famously known as “Bird,” the saxophone great invented the style of jazz called bebop with trumpeter Dizzy Gillespie.

Miles Davis. Raised amidst the sound of the blues in East St. Louis, Ill., before attending the Juilliard School in New York City, Davis dropped out to play trumpet with Charlie Parker. Known for his ability to “hear the future,” Davis continually forged new trends, including cool jazz and jazz fusion.

Billie Holiday. “Lady Day” got her start as a Baltimore teen singing along with records in after-hours clubs. After moving to New York City, Holiday became a fixture of the Harlem jazz scene. Despite a lack of formal music training, Holiday’s soulful, sultry voice earned her a celebrated place in jazz history.

Pet of the Month!

Name: Tobi
Age: 2
Breed: Pure German Shepherd
Favorite Activities: Going for long walks

Scan the QR Code Below for Your Chance to Be Featured as the Next Pet of the Month!

Meal Planning Made Easy

"What's for dinner?" Having a weekly meal plan can help solve that daily dilemma and save you time, money and stress. It's easy to get started:

Make a plan. First, list the meals and snacks you'd like to have in the week ahead. Adjust your plan by browsing grocery store ads to take advantage of what's on sale and using foods you already have on hand. Get everyone in your home involved and let them offer ideas.

Go shopping. Once you've chosen the week's meals, create a shopping list. Review recipes and check your cabinets and fridge to be sure you have all the ingredients you'll need.

Prep in advance. To make cooking quicker and stress-free, prep and store the week's ingredients ahead of time in one session. You can clean and chop fruits and vegetables, cook dried beans, grate cheese and portion out servings of snacks.

Cook once, eat twice. By planning ahead, you can put away leftovers to use later in the week so they won't go to waste. For example, a pot of chili can become the filling for burritos.

Tickle your taste buds. Along with tried-and-true favorites, explore other meal options. Fix breakfast for dinner, sample a foreign dish or make that new recipe you've been wanting to try.

Having a weekly meal plan can save time, money and stress.

Featured Recipe

Breakfast Casserole

Ingredients:

- Nonstick cooking spray
- 3 cups frozen shredded hash browns, thawed
- 3/4 cup shredded Monterey Jack cheese
- 1 cup diced cooked ham, breakfast sausage or Canadian bacon
- 2 green onions, sliced
- 4 eggs, beaten
- 1 1/2 cups milk
- 1/8 teaspoon salt
- 1/8 teaspoon black pepper
- 2 jalapenos, seeded and chopped

Directions:

Heat oven to 350 F.

Coat a 2-quart square baking dish with nonstick cooking spray. Arrange hash browns evenly in the bottom of the dish. Sprinkle cheese, meat and green onions over hash browns.

In a bowl, combine eggs, milk, salt, pepper and jalapenos. Pour egg mixture over hash brown mixture.

Bake uncovered 50 to 55 minutes or until a knife inserted near the center comes out clean.

Let stand 5 minutes before serving.

Find more recipes at www.BHG.com/recipes.

IMPORTANT REMINDERS

Decor

All winter/seasonal décor should be removed from front doors and balconies.

Pets

If your pet has an accident, please clean it immediately.

Spills

If you spill something in our community, please clean it immediately.

No Trash Pickup on Easter

Trash Fairies will NOT collect on Sun., April 5th, in honor of Easter Sunday.

April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April			1 Rent Is Due! Wellness Wednesday!	2	3	4
5 Easter Sunday. Office Closed.	Muffin Monday 6 Late Fees Begin.	7	8 Pest Control by Request. Wellness Wednesday!	9	10	11
12	Muffin Monday 13 Resident Appreciation Week: Fur Ever Sweet	14 Resident Appreciation Week: Donut Forget We Appreciate You	15 Resident Appreciation Week: A Toast to the Sweet Life	16 Resident Appreciation Week: The Golden Egg Sweet Stakes	17 Resident Appreciation Week: Berry Sweet Breakfast Bar	18
19 	Muffin Monday 20	21	22 Pest Control by Request. Wellness Wednesday!	23	24	25
26	Muffin Monday 27	28	29 Wellness Wednesday!	30 		

"This Month In History"

APRIL

1912: Considered the first movie palace, the Strand Theatre opens in New York City. The lavish building could seat nearly 3,000 people.

1924: The first book of crossword puzzles is published.

1935: Congress votes to establish the Works Progress Administration. The WPA created jobs for out-of-work Americans during the Great Depression.

1947: A two-lane bowling alley built inside the White House is unveiled. It was an early birthday present for President Harry S. Truman.

1956: World heavyweight champion Rocky Marciano retires from boxing undefeated.

1969: At the 41st Academy Awards ceremony, Katharine Hepburn and Barbra Streisand tie for best actress. Hepburn won for "The Lion in Winter" and Streisand for "Funny Girl."

1976: Barbara Walters is named the first female coanchor of a network evening news program. She teamed with Harry Reasoner on ABC.

1983: Alice Walker wins the Pulitzer Prize for her novel "The Color Purple."

1993: The U.S. Holocaust Memorial Museum is dedicated in Washington, D.C.

2008: Pop star Beyoncé Knowles weds rapper Jay-Z in New York City.

2011: In the largest outbreak ever recorded, more than 300 tornadoes hit a third of the states in the U.S. over four days.

2018: Prince Louis, the third child of England's Prince William and his wife, Catherine, is born in London.

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